

# SSAA St Marys Pistol Club Match Guide

*Trainee Members Only*



**Version 6 – Last Updated January 2019**

# SMPC Range Commands



## Internal Club Matches Only

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All SMPC members (Novices, Trainees and Full Members) are required to be familiar with the Club's standard range commands.

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### 1 – 'PREPARATION TIME'

- Affix target and send downrange, prepare required cartridges
- Uncase pistol with muzzle pointing down range
- Keep finger outside trigger guard, make pistol safe:
- **Auto:** Remove magazine, lock slide back, check chamber and magazine empty, then place on bench
- **Revolver:** Open cylinder/gate, check all chambers are empty, then place on bench

### 2 – 'LOAD'

- Keep finger outside trigger guard
- Keep pistol pointing down range
- **Auto:** Load magazine and insert in pistol
- **Revolver:** Load cylinder and close gate

### 3 – 'ARE YOU READY?'

- **Auto:** If ready, drop slide
- **Revolver:** If ready, cock hammer
- If NOT ready, hold out non-shooting hand and call out "Not Ready"
- Keep pistol pointing down range

### 4 – 'START'

- Commence shooting (as per the course of fire for the match / exercise)
- Keep pistol pointing down range

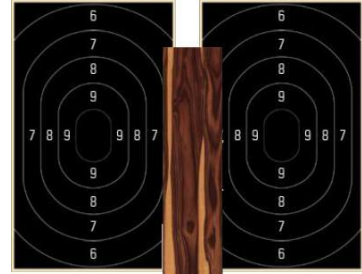
### 5 – 'STOP'

- Stop shooting immediately
- Keep finger outside of trigger guard
- Keep pistol pointing down range

### 6 – 'UNLOAD'

- Keep finger outside of trigger guard
- Keep pistol pointing down range, make pistol safe:
- **Auto:** Remove magazine, clear chamber of any live rounds, lock slide back and place pistol on bench pointing downrange, remove any live rounds from magazine
- **Revolver:** Open gate/cylinder, remove all live rounds from all chambers, place revolver on bench pointing downrange

# Barricades



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*Participants are required to engage a paper target at 25m from the left and right side of a fixed barricade, under time restrictions.*

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## DESCRIPTION

The match is conducted over 2 stages, with 3 sets per stage. The first set requires you to fire 6 rounds from the right side of the barricade, in 15 seconds. The second set requires you to fire 6 rounds from the left side of the barricade, in 15 seconds. The third set involves the same shooting from the right / left sides of the barricade, where you are required to shoot both within 2 minutes, performing a reload in between. Stage 2 will be identical to stage 1. In all instances you are to grip the pistol with your dominant hand, two handed shooting is permitted. No spare magazines are provided.

## SKILLS TESTED

Safe Handling / Precision Fire / Shooting Around Obstacles / Speed Reloads

## MATCH LAYOUT

STAGE 1 (SET 1): 6 Rounds in 15 Seconds (Right Barricade)

STAGE 1 (SET 2): 6 Rounds in 15 Seconds (Left Barricade)

STAGE 1 (SET 3): 6 Rounds + 6 Rounds in 2 Minutes (Right + Left Barricade)

STAGE 2: (Repeat as per Stage 1)

## SHOOTING STYLE(S)

Two-Handed OR Single-Handed / Shooting from Barricade

## RANGE COMMANDS USED

Standard SMPC Range Commands

## PERMITTED FIREARMS

Rimfire – Auto AND Revolver (Supplied by RSO)

## ROUNDS REQUIRED

48 Rounds (Supplied by RSO)

## TARGETS USED

Paper Service Pistol Target (Supplied by RSO)

## ATTENDANCE SIGN-OFF REQUIREMENT

All Stages Completed to Satisfaction of Supervising RSO

## Trainee Members Only

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*Participants are required to engage a paper target single-handed at 25m under varying time restrictions.*

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### DESCRIPTION

The match is conducted over 4 stages. The first stage requires you to fire 10 rounds in 10 minutes, a reload in your own time will be required. The second stage requires you to fire 5 rounds in 20 seconds. After the second stage all firearms are cleared by the RSO and then swapped over. The third stage requires you to fire 10 rounds in 10 minutes. The fourth stage requires you to fire 5 rounds in 20 seconds.

### SKILLS TESTED

Safe Handling / Precision Fire / Rapid Fire / Single-Handed Shooting / Endurance

### MATCH LAYOUT

STAGE 1: 10 Rounds in 2 minutes

STAGE 2: 5 Rounds in 20 seconds

STAGE 3: 10 Rounds in 2 minutes

STAGE 4: 5 Rounds in 20 seconds

### SHOOTING STYLE(S)

Single Handed Only

### RANGE COMMANDS USED

Standard SMPC Range Commands

### PERMITTED FIREARMS

Rimfire – Auto AND Revolver (Supplied by RSO)

### ROUNDS REQUIRED

30 Rounds (Supplied by RSO)

### TARGETS USED

Paper Precision Pistol Target (Supplied by RSO)

### ATTENDANCE SIGN-OFF REQUIREMENT

All Stages Completed to Satisfaction of Supervising RSO

# Centrefire Introduction

## Trainee Members Only

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Participants practice engaging a paper target at 10m using centrefire handguns (38 calibre revolver and 9mm automatic)

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### DESCRIPTION

This training event is suited to members wishing to increase their familiarity with centrefire handguns and the increased recoil and noise associated with these firearms. The training event is conducted over 3 stages. Stage 1 requires firing 5 rounds in your own time without interruption. Stage 2 requires firing 5 rounds but with the stop/start commands inserted. Stage 3 requires firing 5 rounds but with the stop then unload command issued while the pistol is still loaded. All stages will be conducted on the 9mm automatic, and the 38 calibre revolver. There are no time limits or score requirements, the emphasis is on safe handling. Coaching and correction will be provided. You **MUST** have completed a minimum of 3 other Trainee Events to be allowed to participate.

### SKILLS TESTED

Safe Handling / Precision Fire / Recoil Control

### MATCH LAYOUT

STAGE 1: 5 Rounds Uninterrupted

STAGE 2: 5 Rounds Stop/Start Command

STAGE 3: 5 Rounds Stop/Unload Command

NOTE: Above stages are conducted with the Auto AND Revolver

### SHOOTING STYLE(S)

Two Handed OR Single Handed

### RANGE COMMANDS USED

Standard SMPC Range Commands

### ELIGIBLE MEMBERS

Trainee **MUST** Have Completed a Minimum of 3 Other Trainee Events Prior  
Prior booking is required as match is limited to 6 members



### PERMITTED FIREARMS

Centrefire Auto AND Centrefire Revolver (Supplied by RSO)

### ROUNDS REQUIRED

30 Rounds (Supplied by RSO)

### TARGETS USED

Paper Precision Pistol Target (Supplied by RSO)

### ATTENDANCE SIGN-OFF REQUIREMENT

All Stages Completed to Satisfaction of Supervising RSO

# Modified Standard

## Trainee Members Only

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Participants are required to engage a paper target single handed at 25m under time restrictions.

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### DESCRIPTION

The match is conducted over 4 stages. The first stage requires you to fire 5 sighting rounds. The second stage requires you to fire 5 rounds in 150 seconds. The third stage requires you to fire 5 rounds in 20 seconds. The fourth stage requires you to repeat stages one to three using an alternate pistol so that both a revolver and semi-automatic pistol are used.

### SKILLS TESTED

Safe Handling / Precision Fire / Rapid Fire / Single-Handed Shooting / Endurance

### MATCH LAYOUT

STAGE 1: 5 Rounds

STAGE 2: 5 Rounds in 150 seconds

STAGE 3 : 5 Rounds in 20 seconds

STAGE 4: Repeat stages 1 to 3 using alternate pistol

### SHOOTING STYLE(S)

Single Handed Only

### RANGE COMMANDS USED

Standard SMPC Range Commands

### PERMITTED FIREARMS

Rimfire – Auto AND Revolver (Supplied by RSO)

### ROUNDS REQUIRED

30 Rounds (Supplied by RSO)

### TARGETS USED

Paper Precision Pistol Target (Supplied by RSO)

### ATTENDANCE SIGN-OFF REQUIREMENT

All Stages Completed to Satisfaction of Supervising RSO

# Precision Pistol

## Trainee Members Only

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Participants are required to engage a paper target at 25m without time restrictions.

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### DESCRIPTION

The match is conducted over 3 stages. Stage 1 requires you to fire 5 rounds. Stage 2 requires you to fire 10 rounds, a reload in your own time will be required. Stage 3 requires you to repeat stages 1 and 2 using the alternate pistol.

### SKILLS TESTED

Safe Handling / Precision Fire

### MATCH LAYOUT

STAGE 1: 5 Rounds

STAGE 2: 5 Rounds + 5 Rounds

STAGE 3: Repeat Stages 1 and 2 with alternate pistol

### SHOOTING STYLE(S)

Two Handed OR Single Handed

### RANGE COMMANDS USED

Standard SMPC Range Commands

### PERMITTED FIREARMS

Rimfire – Auto AND Revolver (Supplied by RSO)

### ROUNDS REQUIRED

30 Rounds (Supplied by RSO)

### TARGETS USED

Paper Precision Pistol Target (Supplied by RSO)

### ATTENDANCE SIGN-OFF REQUIREMENT

All Stages Completed to Satisfaction of Supervising RSO

# Rimfire Silhouettes

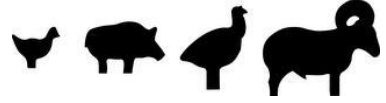


## Trainee Members Only

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*Participants are required to knock over a total of 40 various sized steel silhouette targets set at 10m, 15m, 20m and 25m under time restrictions.*

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### DESCRIPTION

This match requires you to engage multiple steel targets over different ranges which must be knocked over to count for score. The match is conducted over 2 stages. Stage 1 will involve you shooting 5 steel silhouettes in 40 secs, this is done at 10m (chicken targets), 15m (pig targets), 20m (turkey targets) and 25m (ram targets). Stage 2 will be a repeat of stage 1. No reloads are permitted.

### SKILLS TESTED

Safe Handling / Precision Fire

### MATCH LAYOUT

STAGE 1: 5 Rounds in 40 seconds (x4)

STAGE 2: 5 Rounds in 40 seconds (x4)

### SHOOTING STYLE(S)

Two Handed OR Single Handed

### RANGE COMMANDS USED

Standard SMPC Range Commands

### PERMITTED FIREARMS

Rimfire – Auto AND Revolver (Supplied by RSO)

### ROUNDS REQUIRED

40 Rounds (Supplied by RSO)

### TARGETS USED

Steel Miniature Silhouette Targets - Chicken/Pig/Turkey/Ram (Supplied by RSO)

### ATTENDANCE SIGN-OFF REQUIREMENT

All Stages Completed to Satisfaction of Supervising RSO